



South Atlantic cruise: from South Africa to Antarctica



Cape Town

Day 1

Between mountains and the ocean, Cape Town is a vibrant, multicultural city with a lively waterfront featuring seafood restaurants, shopping and attractions. A cable car transports visitors to distinctive Table Mountain with sweeping views. Boats head to Robben Island, where Nelson Mandela was incarcerated. Boulders Beach is home to African penguins, and world-class Stellenbosch vineyards offer wine tastings amid Cape Dutch architecture.



Day at sea

Days 2-5

Sea days are rarely dull. Take the time to sit back and let the world go by. The ship's observation decks provide stunning views of the passing ocean. A day at sea gives you the opportunity to mingle with other passengers and share your experiences of this incredible trip or head to our library which is stocked full of reference books. Get an expert's view in one of our on-board lectures or perhaps perfect your photography skills with invaluable advice from our onboard professional photographers.



Tristan Da Cunha

Day 6

Seabirds outnumber humans on this remote British outpost in the middle of the southern Atlantic. Millions of species like the rare yellow-nosed albatross, skuas, terns and petrels, including the endangered Tristan albatross, inhabit the bluffs. Northern rockhopper penguins breed on the beaches, while upwellings attract whales and dolphins. Fur seals also haul out on the island teeming with avian life.



Day at sea

Days 7-10

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South Georgia

Days 11-12

Often called the 'Galapagos of the Poles,' South Georgia has a number of landing sites with tens of thousands of King Penguins and gentoo penguins, making up some of the largest populations in the world alongside harrumphing elephant seals. Among its remarkable sites is Grytviken, the historic whaling station where legendary British explorer Ernest Shackleton (1874-1922) is laid to rest.



Day at sea

Days 13-14

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Antarctic Peninsula

Days 15-18

Among captivating glaciers, majestic icebergs and snowy islands, the Antarctic Peninsula is where most visitors to the White Continent live their Antarctica dream. It's the most accessible part, with scientific bases and incredible scenery, like the photogenic Lemaire Channel. Shore excursions might include Mikkelsen Harbour, where among gentoo penguins, snowy sheathbills and skuas, Antarctic Weddell seals haul out.



Day at sea

Days 19-20

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Ushuaia

Day 21

Nestled in the foothills of the snow-capped Martial Range, Ushuaia's colourful streets and mismatched buildings cascade from the imposing mountains before coming to an abrupt halt at the shores of the Beagle Channel. As one of the world's southernmost cities, Ushuaia carries its 'end of the world' reputation well. The moody weather and dramatic surroundings certainly help. Board your boutique ship before departing for your journey through one of the most captivating wilderness regions of the world.